**Information on Aging in Place**

**Definitions:** There are a number of different definitions, similar yet slightly different.

AGE IN PLACE

* Aging in place is a term used to describe a person living in the residence of their choice, for as long as they are able, as they age. This includes being able to have any services (or other support) they might need over time as their needs change.

<https://ageinplace.com/aging-in-place-basics/what-is-aging-in-place/#:~:text=Aging%20in%20place%20is%20a%20term%20used%20to,might%20need%20over%20time%20as%20their%20needs%20change>.

Excellent article with much useful information.

CANADIAN MORTGAGE HOUSING CORPORATION

* The ability to live in the same home or community safely, independently, and comfortably, as you age.

FROM AN ARTICLE IN THE GERONTOLOGIST, A PUBLICATION OF THE GEONTOLOGICAL SOCIETY OF AMERICA

* “Aging in place” is a popular term in current aging policy, defined as “remaining living in the community, with some level of independence, rather than in residential care” (Davey, Nana, de Joux, & Arcus, 2004,

<https://academic.oup.com/gerontologist/article/52/3/357/580905>

NATIONAL INSTITUTE OF HEALTH’S NIA

* Many older adults want to “age in place”, stay in their own homes as they get older.

<https://www.nia.nih.gov/>

RURAL HEALTH INFORMATION HUB (from the CDC)

* “the ability to live in one's own home and community safely, independently, and comfortably, regardless of age, income, or ability level.”

<https://www.ruralhealthinfo.org/toolkits/aging/1/overview>

This article provides a link to a number of resources

Aging in Place-A Toolkit for Local Governments Old (2012) but good useable information

https://www.aarp.org/livable-communities/Plan/planning/info-12-2012/aging-in-place-a-toolkit-for-local-governments.html

SENIOR LIVING

[Aging in place](https://www.nia.nih.gov/health/aging-place-growing-old-home) is when a person lives and ages in their residence of choice, for as long as they are able to. Aging in place includes having services, care and needed support in the residence as well. These needs may change over time and as the individual ages.

<https://www.seniorliving.org/aging-in-place/>

AGECARE

The [formal definition](http://www.seniors-housing.alberta.ca/documents/FACTSHEET-Plan-Your-Future-Today-Live-the-Life-You-Want-Tomorrow.pdf) of Aging in Place is “having the health and social supports and services you need to live safely and independently in your home or your community for as long as you wish and are able.”

<https://www.agecare.ca/aging-place-really-means/>