

## Velda L. “Val” Alcock-Carter ACER-CART President 2003-2005 Biography



Born in north-western Ontario, Val retired after thirty-eight years in education - five years with the Dept of Indian Affairs and the remaining years as a teacher and administrator with the Kenora Board of Education. Early in her career Val was awarded the Helen Keefer Scholarship and went on to obtain her M. Ed. and a Supervisory Officers Certificate. Val was very involved professionally with her federation affiliate, FWTAO. She participated on the local executive, on many committees locally and provincially for both FWTAO and OTF and on the executive of FWTAO. Val travelled to Africa three summers with Project Overseas for CTF. In her home community of Kenora she served on many local boards including the library, credit union, and chaired the local Red Cross unit. She sat on the Board of Management for the Ontario Red Cross and participated in the development of Emergency programs provincially and in Kenora.

Upon retirement Val relocated in Nanaimo, BC where she once again became involved in her community. She served on Community and Regional Health boards, Hospice, Nanaimo Social Planning, Victim Services (RCMP), and the local food bank. She continued her life long commitment to her colleagues and was a major player in the formation of District 42 in BC for RTO-ERO. She was the first president of the North Island unit and District 42 president and was a member of provincial RTO/ERO committees. In 2000-2001 she was RTO/ERO president. She initiated formal fall long range planning sessions for the RTO/ERO Executive, promoted the involvement of committee chairs and encouraged political speakers at Senate meetings. She worked to improve relations with OTF and saw the best five years implemented for retirees that year.

Val's keen interest in issues affecting all provincial retired teachers led her to work as a director, on the executive and as president of ACER-CART in 2003-2005. She was committed to supporting other retired groups through cooperation with CNSO and worked with CNSO and Public Health Canada on Emergency Planning for Seniors. During her presidency the constitution and bylaws of ACER-CART were formalized.

Val loves to golf, play bridge, read and travel extensively. She and her husband, Roy, enjoy visiting her three sons and daughter and their families and grandchildren.